



ARC, AIOS PG Refresher Course in Ophthalmology

Department of Ophthalmology

St. John's Medical College Hospital, Bangalore

12th 13th and 14th August , 2016

Mini Auditorium, Hospital 2nd Floor

Sponsored by SUN PHARMA

Under the Aegis of KOS and BOS

DAY 1: 12th Aug 2016, Friday
Session: Morning 9.30 -11:15 am

Inauguration: 9 am-9:30 am

9.30 am-11.15 am: Cornea and Refractive Surgery

Chairperson: Dr. Manjoo Moderator: Dr. Shubhashree Karat

9.30am - 11:15am	Topic	Duration	Speaker
	Approach to Corneal ulcer	8 mins	Dr. Ankita Kothari
	Management of dry eye	8 mins	Dr. Mamata
	OSSN-diagnosis and management	8 mins	Dr. Shubashree K
	Corneal tear repair and management	8 mins	Dr. Yathish S
	Eye banking and recent advances	8 mins	Dr. Rekha Gyanchand
	Keratoconus-evaluation and management	10 mins	Dr. Pallavi Joshi
	Management of Chemical injury and stem cell deficiency	10 mins	Dr. Himanshu Mattalia
	Keratoplasty-techniques	10 mins	Dr. T. K. Ramesh
	VAST Keratoplasty techniques	5 mins	Dr. Rekha Gyanchand
	Workup and recent advances in refractive surgery	10 mins	Dr. Rohit Shetty

Tea Break : 11.15-11.30 am

DAY 1: 12th Aug 2016, Friday
Session: Morning 11.30 -1pm

11.30am -1 pm: Paediatric Ophthalmology and Strabismus

Chairperson: Dr.Andrew Moderator: Dr. Sangeetha

11.30-1pm	Topic	Duration	Speaker
	Visual assessment in children	10 mins	Dr. Sangeetha Sriram
	Evaluation of squint	10 mins	Dr. Sowmya Ramani
	Esodeviation	10 mins	Dr. RR Battu
	Exodeviation	10 mins	Dr. RR Battu
	Pattern strabismus	10 mins	Dr. Chinmayi
	Amblyopia management	10 mins	Dr. Arun Samprathi
	Management of squint	10 mins	Dr. T. K. Ramesh
	Paralytic squint evaluation and management	15 mins	Dr. Jyothi Matalia
	Paediatric cataract - diagnosis and management	10 mins	Dr. Deepti Joshi
	ROP management	10 mins.	Dr. Anand Vinekar

Lunch Break: 1 – 2 pm

DAY 1: 12th Aug 2016, Friday
 Session: Afternoon 2pm - 4pm

SKILLS UPDATE

2-3pm	Topic	Duration	Speaker
	Corneal topography	8 mins	Dr. Sharon
	Corneal Topography interpretation	8 mins	Dr. Deepti Adarsh
	Specular microscopy	10mins	Dr. Rekha Gyanchand
	A scan	8 mins	Dr. Muralidhar Rao
	B scan	8 mins	Dr. Chaitra Jaydev
	Retinal diagram	10 mins.	Dr. Sherine Braganza
	Peripheral retinal degenerations and rhegmatogenous retinal detachment	10 mins	Dr. Shilpa Kumar

3-4pm	Topic	Duration	Speaker
	Interpretation of Glaucoma fields	10 mins	Dr. Jyothi Shetty
	Interpretation of Neurological fields	10 mins	Dr. Jyothi Matalia
	Measurement of deviation Cover test, FDT, Binocular Vision	10 mins	Dr. Shailesh G M
	Interpretation of Hess and diplopia charting	10 mins	Dr. Chinmayi
	OT instrumentation and sterilisation	10 mins	Dr. M.S. Ravindra
	Surgical Pathology	10 mins	Dr. Usha Kini

4.00 -4:30pm: Quiz Prelims

4.30 -5:30pm: Quiz Finals

DAY 2: 13th Aug 2016, Saturday
Session: Morning 9am -11 am

9am -10.45am : LENS

Chairperson: Dr.Bhargavi Moderator: Dr.Ankita

9am - 10:45am	Topic	Duration	Speaker
	Ophthalmic anaesthesia	10 mins	Dr. Pradnya Sriram
	Safe SICS	10 mins	Dr. Sathya Murthy
	Astigmatism in cataract surgery	10 mins	Dr. Sean D'Silva
	Phacodynamics and FLACS	10 mins	Dr. Praveen Murthy
	Subluxated lens management	10 mins	Dr. Mathew Kurien
	Secondary IOLs	10 mins	Dr. Adrian Braganza
	Surgical options for presbyopia	10 mins	Dr. Sriganesh
	IOL power calculation and special scenarios	10 mins	Dr. Ajay
	Recent advances in cataract surgery	10 mins	Dr. Krishnaprasad

Tea Break: 10.45am to 11 am

DAY 2: 13th Aug 2016, Saturday
Session: Morning 11am -12.45pm

11 am-12.45 pm: GLAUCOMA

Chairperson: Dr.Reji Thomas Moderator: Dr.Amrita

11am - 12.45pm	Topic	Duration	Speaker
	Evaluation of a glaucoma suspect	10 mins	Dr. Krishna Prasad
	Gonioscopy	10 mins	Dr. Deepak Megur
	Congenital glaucoma- evaluation and management	10 mins	Dr. Gowri Murthy
	POAG - diagnosis and medical management	10 mins	Dr. Deepak Megur
	PACG - diagnosis and surgical management	10 mins	Dr. Sirish Nelvigi
	Secondary glaucomas	10 mins	Dr. Shailesh GM
	Glaucoma drainage devices	10 mins	Dr. Jyothi Shetty
	Combined cataract+filtering surgery	10 mins	Dr. Regi Koshy Thomas
	Antifibrotic agents - indications and complications	10mins	Dr. Shibi Dev
	Recent Advances in Glaucoma Surgery	10 mins	Dr. Sriram Ramalingam

12:45pm -1:30pm - Thinking Under the Apple Tree

1.30pm -2.30 pm – Lunch

DAY 2: 13th Aug 2016, Saturday
 Session: Afternoon 2:30pm – 4:30pm

SKILLS UPDATE

2:30-3:30pm	Topic	Duration	Speaker
	OCT interpretation	10 mins	Dr. Karthik Meda
	GDX	10 mins	Dr. Sirish Nelvigi
	Tonometry	10 mins	Dr. Amritha A.
	UBM scan/AS- OCT	10 mins	Dr. Sripathi
	Instruments for viva voce	10mins	Dr. Malavika
	Contact lens-fitting and prescription	10 mins	Dr. Regi Koshy

3:30-4:30pm	Topic	Duration	Speaker
	ERG/EOG/ VEP	10 mins	Dr. Nithin Shetty
	CT /MRI	10 mins	Dr. Namitha Sinha
	Refraction and prescription	20 mins	Dr. Krishna Prasad
	Microbiology in ophthalmology	10 mins	Dr. Mary Dias
	NPCB and vision 20-20	10 mins	Dr. Sujatha Rathod

4:30-5:30 pm: ENTERTAINMENT BY PGS

DAY 3: 14th Aug 2016, Sunday
 Session: Morning 9am-11.15am

9am-11.15am: UVEA AND MEDICAL RETINA

Chairperson: Dr.Mary Varghese Moderator: Dr.Shilpa Kumar

9 am-11.15am	Topic	Duration	Speaker
	Clinical approach of uveitis	10 mins	Dr. Kalpana Babu
	Tackling Posterior uveitis	8 mins	Dr. Padma Malini
	Retinoblastoma Diagnosis & Management	4 mins	Dr. Firoze
	Melanoma Management	4 mins	Dr. Santhosh Hannavar
	Management of endophthalmitis	8 mins	Dr.Sripathi Kamath
	ARMD-evaluation and management	8 mins	Dr. Krishna Murthy
	IOFB detection and management	8 mins	Dr. Praveen Murthy
	Vascular occlusion-evaluation and management	8 mins	Dr. Karthik Meda
	VR surgery-overview	8 mins	Dr. Mary Varghese
	Diabetic retinopathy -Pitfalls in management	8 mins	Dr. K.S. Kumar
	HIV and eye	8mins	Dr. Raju Sampangi
	Lasers in medical retina	8 mins	Dr. Vittal Nayak
	Retinal manifestations of myopia	8 mins.	Dr. Rajani Battu
	Eales Disease manifestations and management	8 mins.	Dr. Prashanth Bhawankule

DAY 3: 14th Aug 2016, Sunday
Session: Morning 11.30 am-1.30pm

11.30am-1.30pm: ORBIT, OCULOPLASTY & TRAUMA
Chairperson: Dr.Yamini Moderator: Dr.Usha

11.30 am-1.30pm	Topic	Duration	Speaker
	Approach to proptosis	10 mins	Dr. Yamini Priya
	Thyroid eye disease	10 mins	Dr. Roshmi Guptha
	Orbital implants	10 mins	Dr. Elan Kumaran
	Inflammatory orbital disease	10 mins	Dr. Suneetha N.
	Evaluation and management of Ptosis	10 mins	Dr Nagaraju
	Primary management of Ocular Trauma	10 mins	Dr. Bhargavi
	Eyelid reconstruction in trauma	10 mins	Dr. Divya S.
	Ectropion and entropion - practical management	10 mins	Dr. Tasneem
	Management of orbital fractures	10 mins	Dr. Santhosh Honavar
	Orbital tumors	10 mins	Dr. Venkatesh L
	Eyelid tumours	10 mins	Dr. Santhosh Honavar
	Video Show	10 mins	

Lunch 1:30-2:30pm

DAY 3: 14th Aug 2016, Sunday
Session: Afternoon 2:30pm – 4:30pm

2:30pm-4:30pm: NEURO-OPHTHALMOLOGY

Chairperson: Dr.Suneeta Moderator: Dr.Mary Joseph

2:30 pm-4:30 pm	Topic	Duration	Speaker
	Evaluation of a neuro-ophthalmology case	10 mins	Dr. Suneetha N.
	Optic neuritis	8 mins	Dr. Aravind Prabhu
	Papilledema and BIH	10 mins	Dr. Abdul Rawoof
	Pupillary abnormalities	8 mins.	Dr. Chaitra Aroor
	Traumatic optic neuropathy	10 mins	Dr. Manjoo S Reddy
	Evaluation of nystagmus	10 mins	Dr. Rashmin Gandhi
	Case Scenarios	30 mins	
	Preparation for exams	20 mins	Dr. Ravishankar